

Elephant Island

wine you love. made simply.

February. For some it is the month of love, for others the longest month of the year. On the farm it is a month bundling up, of pruning and planning, of keeping the water defrosted and of slow cooked meals with lots of red wine on the table.

SLOW COOKING

The town we call home - Naramata - is blessed by a community of amazing cooks. People that love good food and drink, and love coming together to share it. I am blessed to call many of them friends, and one of the best is my sister-in-law Dawn (Dawn's alter-ego is [Legend Distilling](#) - check them out their Whisky is, no lie, legendary). Dawn's slow cooked leg of lamb is on heavy rotation in our house this time of year, along with a glass of Cab Franc.

In the event you need some soul warming slow cooked inspiration or Valentines Day meal planning, I have attached the link to Dawn's recipe [here](#).

Enjoy!

Miranda